

Title: Creating Caring Community Volunteer

Definition: The Creating Community Volunteer is a member of their neighbourhood and/or

community. They have the skills to help, encourage and support neighbours/community members in need of practical and emotional support, living in or around the neighbourhood. The Helper will be supported by Hospice Toronto assisting to support neighbours, friends and family.

Purpose:

- ✓ To assist a diverse group of neighbours and/or community members with practical supports in their home and assist them to find resources and support systems to enhance their quality of life.
- ✓ Assist as you are able and comfortable, those you know in the community who are ill/sick.

Skills:

- ✓ Community Awareness: provide community members with knowledge of resources within the community and how to use them to the best of their ability
- ✓ Practical Support: Assist in neighbours/community members homes as requested and chosen by volunteer to assist with cooking, homemaking, well-checks, escort to appointments, appointment calls etc. and other duties upon request that the volunteer is willing to assist with
- ✓ The ability to understand the practical supports that may be needed by a diverse group of people who are facing various life challenges and provide support or offer to assist with finding support as suitable
- ✓ The ability to understand and work with all generations of a family to support members and help them live within a community
- ✓ The ability to practice 'Active Listening'
- ✓ Respectful and positive when helping others
- ✓ Respect for all aspects of diversity
- ✓ Ability to self organize and manage ones time
- ✓ The ability to help develop an ongoing interest in recruiting new members for the role of a CCC volunteer
- ✓ To have an understanding of the supports that Hospice Toronto provides and refer community members and neighbours as appropriate

Requirements and Responsibilities:

- ✓ Willingness to help an unspecified number of neighbours/community members in their home(s) or in the community as willing to commit
- ✓ Maintain confidentiality of the persons privacy/health concerns and interactions within the home
- ✓ To report concerns or problems to family members or advocate to a health professional on behalf of the person as needed

- ✓ Sign up as a Creating Caring Community Volunteer with Hospice Toronto (steps include: completing an information form, Police Record check, sign confidentiality agreement, attend 14+ hours training)
- ✓ Possess an understanding of the personal skills required to work within a diverse community
- ✓ A thorough knowledge of the supports and referral process that Hospice Toronto provides
- ✓ Commitment to provide information as required to Hospice Toronto
- ✓ Ability to make decisions and ask for support when in doubt

Duties:

- ✓ Assist with cooking, shopping, light cleaning, accompaniment to appointments, making telephone calls, helping to research services or other duties as requested and/or agreed upon
- ✓ Assist with health care navigation, information and resources

Training Accomplishments:

- ✓ Participation with trainings and/or educational sessions that are offered in the community
- ✓ Certificates presented to those that completed the training

Key Relationships/Support: Hospice Toronto Staff and/or other Health/Community Agencies

Time Commitment: Minimum two hours per week for one year

Supports for Success and Benefit of Role:

- ✓ Support of Hospice Toronto Team and the Community Development Coordinator
- ✓ Opportunity for Additional Training Opportunities to enhance skills
- ✓ Learn and obtain resources Contacts for Community Supports, Resource Guide
- ✓ Experience
- ✓ Reference