

Ways to Honour National Truth and Reconciliation Day

1) Learn about the history/origins of September 30th

- Orange Shirt Day
<https://www.orangeshirtday.org/>
- National Day for Truth and Reconciliation September 30th
<https://www.canada.ca/en/canadian-heritage/campaigns/national-day-truth-reconciliation.html>

2) Read and Reflect on The Calls to Action from the Truth and Reconciliation report

- Calls to Action:
https://ehprnh2mwo3.exactdn.com/wp-content/uploads/2021/01/Calls_to_Action_English2.pdf
- National Centre for Truth and Reconciliation:
<https://nctr.ca/>

3) Listen to a Podcast – there are many, here’s just a few:

- Telling Our Twisted Stories
https://www.cbc.ca/listen/cbc-podcasts/906-telling-our-twisted-histories?cmp=DM_SEM_Listen_Titles
- Missing and Murdered: Finding Cleo
<https://www.cbc.ca/listen/cbc-podcasts/148-missing-murdered-finding-cleo>
- Inuinnaugut / We Are Inuinait
<https://inuinnaujugut.buzzsprout.com/1722289/9650210-episode-11-paniqatigiit-a-mother-daughter-and-adopted-daughter-speak-about-language>
- #126: Truth and Reconciliation
<https://alumni.ucalgary.ca/stories/podcast/126-truth-reconciliation>
- All My Relations
<https://www.allmyrelationspodcast.com/podcast>
- Warrior Life
<https://podcasts.apple.com/ca/podcast/warrior-life/id1434096503>

4) Watch the TV Series “First Contact”

- <https://www.firstcontactcanada.ca/>
- <https://www.tv.org/video/documentaries/the-journey-begins>

5) Commit to Ongoing Learning – again, there are many ways to do this. Here are some suggestions:

- <https://idlenomore.ca/resources-education/>
- <https://kinshift.ca/#more>
- <https://www.coursera.org/learn/indigenous-canada?>
- <https://www.nahaneecreative.com/>
- <https://www.aptnnews.ca/>
- https://reseaumtlnetwork.com/wp-content/uploads/2019/04/Ally_March.pdf
- <https://psacunion.ca/national-day-truth-and-reconciliation-resources>